

Integrating Integral – A Course for Leaders

A couple of years ago several of us --led by Tosi, Kauth and Daranyi -- formed "the spiral team" to look at Spiral Dynamics and how it would apply to MKP.

This has been valuable ... and that group is now in transition.

Some of us are now looking to Integral Theory (Ken Wilber's "theory of everything" - which includes Spiral Dynamics and more) as the next stop on the learning train. We also wanted to open up the group to new men and new ideas. In preparation for that I am putting together an "Introduction to Integral" course so that we can all get up to speed together. I have found a man to teach it -- Doshin Michael Nelson, Roshi, from the Colorado community and founder of Integral Zen in Denver. In keeping with our new emphasis on professionalism, we will pay him for his services. The course will start in mid August and run through mid October, will meet Wednesday evenings. We will produce mp3 files (i.e. podcasts) for you to download and review or use if you miss a session. You can join by phone but we will use the WebEx video conferencing package from Cisco and recommend that use a computer with good internet connection or a smart phone (iPhone or Android or Windows7 phone).

COST: \$100

(which I am told is way too low... but let's not get carried away with professionalism! We can ease our way into it!) .

Details are below, contact me with questions.

Send in your check (or use PayPal) and you will receive contact information.

INTEGRAL STUDIES TELECOURSE & DISCUSSION GROUP

Study of Ken Wilber's (and others) "INTEGRAL" AQAL Work AQAL = all quadrants, all lines (of development) , all stages (of development) and all states (of consciousness) which is Wilber's (and Comb's, et al.) framework for a 'theory of everything'. Spiral Dynamics fits inside this (an example of social stages) as do mediative states of waking, dreaming deep dreamless sleep and nondual and consciousness modalities of gross, subtle, causal and nondual (i.e. physical body, subtle body, causal body, and nondual).

FIRST CLASS IS WEDNESDAY AUGUST 17.

The weekly presentation sessions will be Wednesday evenings at 5 PM Pacific, 6 PM Mountain, 7 PM Central 8 PM Eastern in US time zones. This will be morning in Australia and middle of the night in Europe.

The sessions will be recorded and available for you to download. Cost is \$100 for 6-8 sessions, pay online with PayPal to DRKAAR@MKP.ORG or send checks payable to either INTEGRAL ZEN or PAEON PARTNERS. to David Kaar, 100 Arthur Ave, SE, Minneapolis, MN 55414. The course starts August 17 and will run through mid October, with NO CLASS September 14th.

After you have registered (i.e. paid) you will receive a phone number and course code, BE ADVISED - CALLS WILL BE RECORDED. and instructions for accessing the recordings will be sent to you. Please advise me if you can use SKYPE or have video conference capability on your computer. We will try to tie as many in as we can.

While this is not (yet) an official "MKP Course" it is being offered primarily as a service to MKP and related communities, WomenWithin, HER, MKP partners, spouses and friends are all welcome if they are serious about the course material.

The primary presenter will be (Doshin) Michael Nelson, Warrior brother, recognized Zen Master (Hollow Bones - Mondo Zen order) and founder of Integral Zen in Denver. Doshin was part of a group that met weekly with Ken Wilber to evaluate articles submitted to the INTEGRAL JOURNAL working directly with Wilber for almost two years. We will also use MP3 audio files and reading assignments from Wilber's last few books and website. Doshin developed and taught an extension class on Integral Theory for Denver University. This course will be taught at that level. You will be asked and expected to prepare and contribute.

There will be an optional discussion section (TBD but probably Thursday afternoon US time) devoted to applications of the Integral material to MKP and related trainings led by David Kaar (past MKPI Chairman and NWTAL Leader Trainer) with guest appearances by others to be arranged. (Who ?? Rich Tosi, George Daranyi, Bill Wich, Luke Entrup and Robert Moore come to mind - I am working on it.) There may be a follow-on discussion group organized by participants after the course is over. That would be the new Integral Team.

Contact David Kaar with any questions, concerns or requests. [612-275-5165](tel:612-275-5165) drkaar@mkp.org

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